

For the last four plus years, I have had constant dizziness and nausea. Many things bothered me including noise, lots of people, lots of movement, shopping, lights, the grocery, etc. My head just didn't feel right, but I had no pain or headache. I never felt like myself. During these years I saw several specialists, had numerous tests, x-rays and two MRIs. The first neurologist who treated me finally said I would just have to live with it. My family doctor sent me to another neurologist who really tried to help me. She increased Antivert to 3-4 times daily, gave me strong nausea medication, had me limit time shopping, driving, doing normal activities. Nothing helped me. Finally, she recommended Dr. Sanders, a neurologist who specializes in treating people with dizziness and vertigo. Being sent to Dr. Sanders changed my life. With the first appointment, I was given a diagnosis and saw every single one of my symptoms described in an educational handout on Vestibular Migraine. To finally have a diagnosis and know there were medications that could help me was a miracle. With each day, my life is being returned to me thanks to Dr. Sanders and his professional and caring staff.

Teresa Wray