

## MEET OUR HEALTHCARE PROFESSIONALS

### Scott K. Sanders, MD, PhD

Dr. Sanders obtained an undergraduate degree in biomedical engineering from Purdue University, then entered the combined degree (MD,PhD) program at Indiana University, majoring in medical neurobiology. Dr. Sanders has been in private practice since July of 2000 and has focused his practice on treating dizziness since 2003. He speaks at medical seminars on dizziness several times each year.

### Sandy Bratton, Au.D.

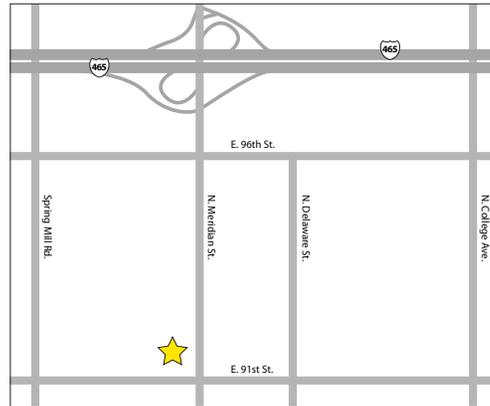
After obtaining a Bachelors degree in Speech & Hearing Sciences and a Masters of Science in Audiology from Purdue University, Sandy received her Doctorate of Audiology from AT Still University in Mesa, AZ. She has been performing vestibular function testing since 1994 and teaches a vestibular testing class to Purdue University Audiology students. Sandy works in our Lafayette office.

### Michelle Koley MA, CCC-A

Michelle holds a Masters Degree in Audiology & Hearing Science from Indiana University. After serving as an Assistant Clinical Professor of Audiology at IU School of Medicine, she has focused on vestibular diagnostic testing since 2005, currently serving as an Assistant Professor for the Purdue University Audiology program and has lectured on balance disorders at both a local and national level. Michelle works in our Indianapolis office.

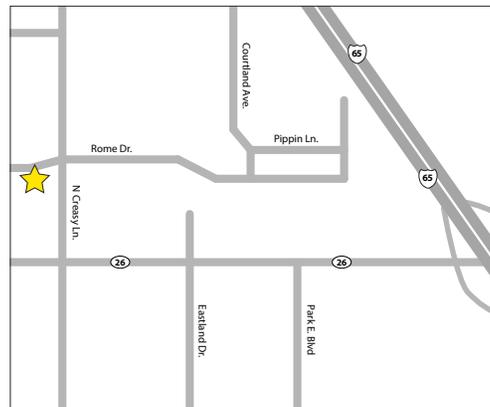
### Stephanie Ford, PT

Stephanie has a Masters Degree in Physical Therapy from the Krannert Graduate School of Physical Therapy at the University of Indianapolis. She advanced her knowledge in vestibular rehabilitation through the Herdman Competency Course at Emory University and the Advanced Vestibular Competency course at Duke University in 2014. She has focused on vestibular rehabilitation therapy since 2008.



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BalanceMD is a comprehensive multi-specialty clinic focused on the evaluation and treatment of dizziness, imbalance and hearing loss. We work as a team, which is led by a physician and includes two audiologists and a physical therapist, utilizing the latest in knowledge and technology to significantly improve or cure our patients' symptoms.

[www.BalanceMD.net](http://www.BalanceMD.net)  
phone. 888.888.DIZZY (3499)  
fax. 855.207.5235

## VESTIBULAR MEDICINE

Dr. Scott Sanders has specialized in the diagnosis and treatment of those suffering from dizziness, vertigo and imbalance since 2003. Remarkable advances in knowledge and technology have been made in the diagnosis and treatment of dizziness over the past two decades. For example:

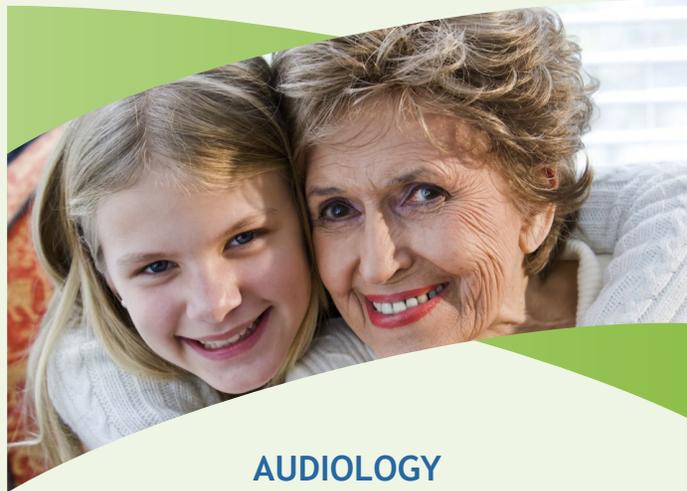
- The most common, but under-recognized, cause of dizziness is migraine-associated dizziness.
- Another common cause of vertigo, benign paroxysmal positional vertigo (BPPV), may be cured in just a few minutes by manipulating the head in a certain sequence.

For those patients whose diagnosis is not obvious at their initial visit, further detailed evaluation of inner ear and brain function known as vestibular function testing may be necessary. Vestibular testing performed at BalanceMD involves analyzing the neuronal circuits between the inner ear, brain and eyes. This is accomplished by using infrared video goggles to study and record eye movements under different conditions. These tests include Videonystagmogram (VNG), Vestibular Evoked Myogenic Potential (VEMP) and Rotary Chair evaluations.

### Vestibular Rehabilitation Therapy



Many of those suffering from dizziness or imbalance will benefit from physical therapy focused on the vestibular system. Vestibular Rehabilitation Therapy (VRT) involves coordinating eye, head and body movements in a repetitive fashion to stimulate and strengthen all components of the vestibular or balance systems. Techniques have evolved over the past 15-20 years to incorporate exercises targeted to the specific underlying problem. Medications, such as Meclizine or Antivert, are no longer recommended and may actually prevent recovery. Our physical therapist, Stephanie Ford, has extensive training and experience with VRT.



## AUDIOLOGY

Common signs of hearing loss include turning the TV volume higher than is comfortable for others, asking others to repeat often, missing conversations in crowded restaurants and feeling as if others mumble or don't speak clearly.

### Our Audiological services include:

#### Comprehensive Hearing Evaluations:

For those experiencing hearing problems, ear pain, fullness in the ear, or tinnitus (ringing in the ears), a hearing test may be helpful in determining whether hearing loss is present, the cause of hearing loss, and if your hearing ability may improve with hearing aids.

#### Hearing Aid Fittings:

A wide range of technology and styles of hearing aids is available. If you are a candidate for hearing aids based on the hearing evaluation and your perceived difficulty of hearing, we will discuss the available options to improve your hearing ability. New technology developed in the last several years can help most people to achieve improved communication.

#### Hearing Aid Repairs and Adjustments:

Regardless of where your hearing aids were initially purchased, repairs and adjustments to the amplification can be made by our audiologists.



## OUR MISSION

Our mission is to cure or significantly improve dizziness, imbalance and hearing loss in the most patient-friendly and cost-effective manner possible. We offer a single facility where all “dizzy” patient needs can be met, utilizing only the most highly trained and knowledgeable healthcare providers working together, including physician, audiologist and physical therapist.

# Dizziness is our Business



## BalanceMD

Solutions for Dizziness and Hearing Loss

Audiologist Sandy Bratton serves our Lafayette office while Audiologist Michelle Koley serves our Indianapolis office.

Lafayette | 765.807.7100  
Indianapolis | 317.644.3044